

# *family* INTERNET SAFETY

## 10 INTERNET SAFETY SUGGESTIONS FOR FAMILIES

1. Configure web browsers to use “safe search” on all devices and accounts. *Options can be found under Settings – then - Search Settings in most browsers – check box to filter explicit results. Network administrators can even add a password.*
2. Check resources from experts: **NETSMARTZ | FAMILY ONLINE SAFETY INSTITUTE**
3. Consider a family pledge from **CONNECTSAFELY.COM** Post Internet rules in a visible place in the home. Be a model for them!
4. Avoid prolonged private device usage. Have devices and computers in a family space.
5. Visit **[www.common sense media.org](http://www.common sense media.org)** to research what games or apps your children use and talk about.
6. Be aware of “secret apps” and their functions.
7. Be aware most video game and social network platforms have a chat/messaging feature. *This applies to all devices and PCs.*
8. Apply age appropriate parental controls on devices. *This can be done through your internet service provider or various apps or products.*
9. Consult **PARENT CUE** for a list of specific family technology resources.
10. Know the warning signs of a child being targeted by an online predator.
  - a. Long hours online- especially at night
  - b. Phone calls from people you don't know
  - c. Gifts in the mail
  - d. Withdrawal from family life

Learn more about the Justice Team and our efforts to end human trafficking locally at the **IMAGINE CONFERENCE** this fall.

Need counseling in this area? **NORTH WAY COUNSELING CENTER**