

*In Christ you are...*

**ADOPTED:** “he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will,” **Ephesians 1:5**

**BELOVED:** “Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,” **Colossians 3:12**

**CHOSEN:** “even as he chose us in him before the foundation of the world, that we should be holy and blameless before him.” **Ephesians 1:4**

**DELIGHTED IN:** “The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.”

**Zephaniah 3:17**

**ESTABLISHED:** “Now to him who is able to strengthen (establish) you according to my gospel and the preaching of Jesus Christ, according to the revelation of the mystery that was kept secret for long ages” **Romans 16:25**

**FORGIVEN:** “If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” **1 John 1:9**

**GIVEN EVERYTHING YOU NEED:** “His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence,”

**2 Peter 1:3**

**HEIRS WITH CHRIST:** “and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.” **Romans 8:17**

**INVITED:** “All that the Father gives me will come to me, and whoever comes to me I will never cast out.” **John 6:37**

**JUSTIFIED:** “Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ.” **Romans 5:1**

**KNOWN:** “O Lord , you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar” **Psalms 139:1-2**

**LOVED:** “In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins.” **1 John 4:10**

**MASTERPIECE:** “For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” **Ephesians 2:10**

**NOT CONDEMNED:** “There is therefore now no condemnation for those who are in Christ Jesus.”  
**Romans 8:1**

**OAK OF RIGHTEOUSNESS:** “to grant to those who mourn in Zion— to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the Lord , that he may be glorified.” **Isaiah 61:3**

**PURIFIED:** “let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.” **Hebrews 10:22**

**QUALIFIED:** “Such is the confidence that we have through Christ toward God. Not that we are sufficient in ourselves to claim anything as coming from us, but our sufficiency is from God, who has made us sufficient to be ministers of a new covenant, not of the letter but of the Spirit. For the letter kills, but the Spirit gives life.” **2 Corinthians 3:4-6**

**REDEEMED:** “And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness and sanctification and redemption,” **1 Corinthians 1:30**

**SUSTAINED:** “Cast your burden on the Lord , and he will sustain you; he will never permit the righteous to be moved.” **Psalms 55:22**

**TREASURED:** “But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light.” **1 Peter 2:9**

**UNASHAMED:** “For the Scripture says, ‘Everyone who believes in him will not be put to shame.’”  
**Romans 10:11**

**VICTORIOUS:** “But thanks be to God, who gives us the victory through our Lord Jesus Christ.”  
**1 Corinthians 15:57**

**WELCOMED:** “in whom we have boldness and access with confidence through our faith in him.”

**Ephesians 3:12**

**EXQUISITELY MADE:** “For you formed my inward parts; you knitted me together in my mother’s womb.” **Psalm 139:13**

**LIGHTLY YOKED:** “Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.” **Matthew 11:28-30**

**ONE WHOM GOD IS ZEALOUS FOR:** “But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ— by grace you have been saved” **Ephesians 2:4-5**

*This resource is inspired by Navigators Life to Life Discipleship Ministry*

