



# UNFORGIVENESS IS FORGETFULNESS

UNOFFENDABLE | WEEK 3  
AMANDA BEGGS

## Key Points

- Forgiveness given flows from forgiveness received.
- The root of unforgiveness is forgetfulness—forgetting what God has done for us.
- Self-righteousness is the disease that causes us to forget our need for grace.
- We must remember both the size of our debt and the scope of God's forgiveness.
- Our natural response to hurt is to count offenses, but Jesus calls us to stop counting.
- Forgiveness is not primarily about responding to what's been done to you, but what's been done for you.
- Self-righteousness manifests through comparing instead of confessing, confusing outrage with virtue, diminishing grace, and keeping score.
- When we truly grasp God's forgiveness, it transforms us and overflows into love and forgiveness toward others.
- The ground is level at the foot of the cross—we are all sinners in need of mercy.
- Sitting at the feet of Jesus and being overwhelmed by His love is the starting point for forgiveness.



## Signs of Self-Righteousness

1. You compare more than you confess. You measure yourself against others more than God's holiness.
2. You confuse outrage with virtue. Scroll your phone and notice what makes your blood boil.
3. Grace isn't that amazing. The cross used to wreck you. Now it's familiar.
4. You keep score. You remember what people owe you.

## Scripture References

Matthew 18:21-35  
Matthew 6:12  
Matthew 6:14  
Ephesians 4:32  
Colossians 3:13

James 1:22-24  
Matthew 23:27-28  
John 10:10  
Hebrews 9:22  
Luke 7:36-50  
Ephesians 3:17-19

## Discussion Questions

1. In what ways do you find yourself counting offenses against others, and what does this reveal about whether you have truly internalized the scope of God's forgiveness toward you?
2. The sermon suggests that self-righteousness is the reason we forget the gospel. Which of the four signs of self-righteousness (comparing more than confessing, confusing outrage with virtue, grace not being amazing, or keeping score) resonates most with your current spiritual condition?
3. The woman in Luke 7 loved much because she was forgiven much, while Simon the Pharisee loved little. Where do you see yourself in this story, and what might it reveal about your understanding of your own need for forgiveness?
4. The sermon states that abundance and bitterness cannot exist in the same heart. In what ways has unforgiveness robbed you of the abundant life Jesus promises, and what might you gain by releasing it?

